

November 2025
Villa Lorena Assisted Living Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
November cont'd 30 9:30 ☀ This Day in History w/ Ben [B] 10:30 ➡ Morning Exercise w/ Ben 11:15 ★ Sunday Grocery w/ Ben Stater Bros Market 1:00 ★ Movie Matinee 2:30 ☀ Texas Hold 'Em w/ Ben [B] 4:00 🎵 Music in Motion w/ Beyond the Melodies [L] 6:15 🎵 The Villa's Movie Night	 VILLA LORENA			Resident Birthdays Gloria B. 11/1 Teri T. 11/13 Robert W. 11/15 Donna G. 11/21 Debra G. 11/25 Gerald M. 11/25 Anny C. 11/29 Carole D. 11/29		Happy Birthday Gloria B. 1 9:30 ☀ This Day in History w/ Juliana [B] 10:30 🎵 Journey's Live Music: Swaying Saturday with AI 10:30 ➡ Morning Exercise w/ Juliana 11:30 ☀ Rummikub w/ Juliana [B] 1:00 ★ Movie Matinee 1:30 🎵 Billiards w/ Juliana [CR] 3:00 ☀ Bingo & Nibbles w/ Juliana [B] 4:15 🎵 Karaoke Saturday 6:15 ☀ The Villa's Movie Night
Daylight Saving Time Begins Fall Back 2 9:30 ☀ This Day in History w/ Ben [B] 9:30 ☀ This Day in History w/ Patty [B] 10:30 ➡ Morning Exercise w/ Ben 11:15 ★ Sunday Grocery w/ Ben Ralphs/Chico's/Trader Joe's 1:00 ★ Movie Matinee 1:30 ☀ Texas Hold 'Em w/ Ben [B] 3:15 🎵 Sunday Bingo & Bites w/ Ben [B] 4:30 🎵 Billiards w/ Ben [B] 6:15 🎵 The Villa's Movie Night	3 9:30 ☀ This Day in History w/ Marcus [B] 10:30 ➡ Seated Aerobics w/ Marcus [L] 11:00 ★ Journey's Drive Birch Aquarium 11:20 ☀ Farkle w/ Marcus [B] 1:00 ★ Movie Matinee 1:30 ☀ Texas Hold 'Em w/ Marcus [B] 3:00 ☀ Bingo & Nibbles w/ Marcus [L] 4:15 ☀ Rummikub w/ Marcus [B] 6:15 🎵 The Villa's Movie Night	Election Day 4 7-9am ★ Your Health Moment w/ Teresa Wellness Time [B] 9:30 ☀ This Day in History w/ Ben & Juliana [B] 10:30 ➡ Morning Exercise w/ Ben & Juliana 11:30 🎵 Get to Know Juliana [B] 1:00 ★ Movie Matinee 1:30 ☀ Texas Hold 'Em w/ Ben [B] 3:00 ☀ Bingo & Nibbles w/ Juliana [B] 4:15 ☀ Rummikub w/ Juliana [B] 6:15 🎵 The Villa's Movie Night	5 9:30 ☀ This Day in History w/ Marcus [B] 10:30 ➡ Chair Yoga + Weights w/ Marcus [L] 11:30 ★ Garden Club w/ Marcus 1:00 ★ Movie Matinee 1:30 ☀ Texas Hold 'Em w/ Marcus [B] 3:00 🎵 Social Hour w/ DOUBLE TAKE 4:30 ☀ Rummikub w/ Marcus [B] 6:15 🎵 The Villa's Movie Night	6 9:30 ☀ This Day in History w/ Marcus [B] 10:30 ➡ Weights Workout w/ Marcus 11:15 🍷 Thursday Lunch Outing Vaga 11:20 ☀ Farkle w/ Marcus [B] 1:00 ★ Movie Matinee 1:30 ★ Flower Arrangements 1:30 ☀ Texas Hold 'Em w/ Marcus [B] 3:00 ☀ Bingo & Nibbles w/ Marcus [B] 4:15 ☀ Rummikub w/ Marcus [B] 6:15 🎵 The Villa's Movie Night	7 9:30 ☀ This Day in History w/ Marcus [B] 10:30 ➡ Chair Yoga + Weights w/ Marcus [L] 11:15 ➡ Billiards w/ Marcus [B] 1:00 ★ Movie Matinee 1:30 ☀ Virtual Reality Experience w/ Jeremy Lightning Tours 3:00 ☀ Bingo & Nibbles w/ Marcus [B] 4:15 ☀ Rummikub w/ Marcus [B] 6:15 🎵 The Villa's Movie Night	8 9:30 ☀ This Day in History w/ Stacy [B] 10:30 🎵 Journey's Live Music: Swaying Saturday with AI 10:30 ➡ Morning Exercise w/ Stacy & Juliana 11:30 ☀ Rummikub w/ Juliana [B] 1:00 ★ Movie Matinee 1:30 ★ Texas Hold 'Em w/ Stacy & Juliana [B] 3:00 ☀ Bingo & Nibbles w/ Juliana [B] 4:15 🎵 Karaoke Saturday 6:15 ☀ The Villa's Movie Night
9 9:30 ☀ This Day in History w/ Ben [B] 10:30 ➡ Morning Exercise w/ Ben 11:15 ★ Sunday Grocery w/ Ben Target/Sprouts 1:00 ★ Movie Matinee 2:00 ☀ Texas Hold 'Em w/ Ben [B] 3:15 🎵 Sunday Bingo & Bites w/ Ben [B] 4:30 🎵 Billiards w/ Ben [B] 6:15 🎵 The Villa's Movie Night	10 9:30 ☀ This Day in History w/ Marcus [B] 10:30 ➡ Seated Aerobics w/ Marcus [L] 11:00 ★ Journey's Drive Mount Soledad 11:20 ☀ Farkle w/ Marcus [B] 1:00 ★ Movie Matinee 1:30 ☀ Texas Hold 'Em w/ Marcus [B] 3:00 ☀ Bingo & Nibbles w/ Marcus [L] 4:15 ☀ Rummikub w/ Marcus [B] 6:15 🎵 The Villa's Movie Night	Veterans Day 11 9:30 ☀ This Day in History w/ Ben & Juliana [B] 10:30 ➡ Morning Exercise w/ Ben & Juliana 11:15 ☀ Billiards w/ Ben & Juliana [B] 1:00 ★ Movie Matinee 1:30 ☀ Texas Hold 'Em w/ Ben & Juliana [B] 3:00 ☀ Travelogue w/ Hernan [B] 4:30 🎵 Veteran's Day Celebration w/ Sweethearts of Swing [L] 6:15 🎵 The Villa's Movie Night	12 9:30 ☀ This Day in History w/ Marcus [B] 10:00 🦋 Catholic Mass w/ Father Gus 10:30 ➡ Senior Fitness Resistance Bands w/ Marcus [L] 11:30 ★ Garden Club w/ Marcus 1:00 ★ Movie Matinee 1:30 ☀ Texas Hold 'Em w/ Marcus [B] 3:00 🎵 Social Hour w/ Bill Fleming 4:30 ☀ Farkle w/ Marcus [B] 6:15 🎵 The Villa's Movie Night	Happy Birthday Teri T. 13 9:30 ☀ This Day in History w/ Marcus [B] 10:30 ➡ Weights Workout w/ Marcus 11:15 🍷 Thursday Lunch Outing Pacific Coast Grill 11:30 🎵 Farkle w/ Marcus [B] 1:00 ★ Movie Matinee 1:30 ★ Flower Arrangements 1:30 ☀ Texas Hold 'Em w/ Marcus [B] 3:00 ☀ Resident Council Meeting 4:00 ☀ Rummikub w/ Marcus [B] 6:15 🎵 The Villa's Movie Night	14 9:30 ☀ This Day in History w/ Francia [B] 10:30 ➡ Dancercise w/ Francia [L] 11:30 ★ The Villa's Corner Store 1:00 ★ Movie Matinee 1:30 ☀ Group Solitaire w/ Francia [B] 3:00 ☀ Bingo & Nibbles w/ Francia [B] 4:30 ☀ UNO Game w/ Francia [B] 6:15 🎵 The Villa's Movie Night	Happy Birthday Bob W. 15 9:30 ☀ This Day in History w/ Juliana [B] 10:30 🎵 Journey's Live Music: Swaying Saturday with AI 10:30 ➡ Senior Fitness Resistance Bands w/ Francia 11:30 ★ Activity Planning w/ Francia & Shivone Open to All Suggestions [B] 1:00 ☀ Movie Matinee 1:30 ★ Billiards w/ Juliana [B] 3:00 ☀ Bingo & Nibbles w/ Juliana [B] 4:15 🎵 Karaoke Saturday 6:15 ☀ The Villa's Movie Night
16 9:30 ☀ This Day in History w/ Ben [B] 10:30 ➡ Morning Exercise w/ Ben 11:15 ★ Sunday Grocery w/ Ben CVS/World Market/Ulta 1:00 ★ Movie Matinee 2:00 ☀ Texas Hold 'Em w/ Ben [B] 3:15 🎵 Sunday Bingo & Bites w/ Ben [B] 4:30 🎵 Billiards w/ Ben [B] 6:15 🎵 The Villa's Movie Night	17 9:30 ☀ This Day in History w/ Marcus [B] 10:30 ➡ Seated Aerobics w/ Marcus [L] 11:00 ★ Journey's Drive Miramar Overlook Park 11:20 ☀ Farkle w/ Marcus [B] 1:00 ★ Movie Matinee 1:30 ☀ Texas Hold 'Em w/ Marcus [B] 3:00 ☀ Bingo & Nibbles w/ Marcus [L] 4:15 ☀ Rummikub w/ Marcus [B] 6:15 🎵 The Villa's Movie Night	18 9:30 ☀ This Day in History w/ Francia [B] 10:30 ➡ Yoga Stretch w/ Francia 11:00 ❤️ Pet Therapy: Helen Woodward Visit [L] 11:30 ☀ UNO Game w/ Francia [B] 1:00 ★ Club Room Movie Matinee [CR] 1:45 ☀ All Staff Mandatory Meeting 3:00 ☀ Bingo & Nibbles w/ Francia [B] 4:30 🍷 Hydration Time w/ Francia 6:15 🎵 The Villa's Movie Night	19 9:30 ☀ This Day in History w/ Francia [B] 10:30 ➡ Dancercise w/ Francia [L] 11:30 ★ Garden Club w/ Francia 1:00 ★ Movie Matinee 1:30 ☀ Texas Hold 'Em w/ Marcus [B] 3:15 🎵 Social Hour w/ Sonny Mayer 4:30 ☀ Farkle w/ Marcus [B] 6:15 🎵 The Villa's Movie Night	20 9:30 ☀ This Day in History w/ Marcus [B] 10:30 ➡ Weights Workout w/ Marcus 11:15 🍷 Thursday Lunch Outing Green Dragon Tavern & Museum 11:30 🎵 Farkle w/ Marcus [B] 1:00 ★ Movie Matinee 1:30 ★ Gary, The History Guy & His Artifacts [B] 2:30 ★ Flower Arrangements 3:00 ☀ Texas Hold 'Em w/ Marcus [B] 4:15 ☀ Rummikub w/ Marcus [B] 6:15 🎵 The Villa's Movie Night	Happy Birthday Donna G. 21 9:30 ☀ This Day in History w/ Francia [B] 10:30 ➡ Dancercise w/ Francia [L] 11:30 ☀ UNO Game w/ Francia [B] 1:00 ★ Movie Matinee 1:30 ☀ Art History w/ Bill Black 3:00 ☀ Bingo & Nibbles w/ Francia [B] 4:15 ☀ Hydration Time w/ Francia 6:15 🎵 The Villa's Movie Night	22 9:30 ☀ This Day in History w/ Juliana [B] 10:30 🎵 Journey's Live Music: Swaying Saturday with AI 10:30 ➡ Senior Fitness Resistance Bands w/ Francia 11:30 ☀ Rummikub w/ Juliana [B] 1:00 ★ Movie Matinee 1:30 ☀ Francia Talks Philippine Trip [B] 2:45 ☀ Bingo & Nibbles w/ Juliana [B] 4:00 🦋 Hearts in Harmony Recital [L] 6:15 ☀ The Villa's Movie Night
23 9:30 ☀ This Day in History w/ Ben [B] 10:30 ➡ Morning Exercise w/ Ben 11:30 ★ Sunday Grocery w/ Ben VONS 1:00 ★ Movie Matinee 2:00 ☀ Texas Hold 'Em w/ Ben [B] 3:15 🎵 Sunday Bingo & Bites w/ Ben [B] 4:30 🎵 Billiards w/ Ben [B] 6:15 🎵 The Villa's Movie Night	24 9:30 ☀ This Day in History w/ Ben [B] 10:30 ➡ Morning Exercise w/ Ben [L] 11:15 ➡ Morning Walk w/ Ben [B] 11:20 ☀ Farkle w/ Marcus [B] 1:00 ★ Movie Matinee 1:30 ☀ Texas Hold 'Em w/ Ben [B] 3:00 ☀ Bingo & Nibbles w/ Ben [L] 4:15 ☀ Billiards w/ Ben [B] 6:15 🎵 The Villa's Movie Night	Happy Birthday Debra G. Happy Birthday Gerry M. 25 9:30 ☀ This Day in History w/ Francia [B] 10:30 ➡ Yoga Stretch w/ Francia 11:30 ☀ UNO Game w/ Francia [B] 1:00 ★ Movie Matinee 1:30 ☀ Texas Hold 'Em w/ Ben [B] 3:00 ☀ Bingo & Nibbles w/ Francia [B] 6:15 🎵 The Villa's Movie Night	26 9:30 🎵 Setting up Thanksgiving Brunch Celebration 11:30 🎵 Thanksgiving Brunch Celebration 3:00 ☀ Bingo & Nibbles w/ Juliana [B] 4:15 🎵 Billiards w/ Juliana [CR] 6:15 🎵 The Villa's Movie Night	Thanksgiving 27 8:30 🎵 2025 Macy's Thanksgiving Day Parade [B] 9:30 ☀ This Day in History w/ Marcus [B] 10:30 ➡ Weights Workout w/ Marcus 11:15 🍷 Thursday Lunch Outing Ruth's Chris Steak House 11:30 ☀ Farkle w/ Marcus [B] 1:00 ★ Movie Matinee 1:30 ☀ Texas Hold 'Em w/ Marcus [B] 2:00 ★ Deck the Halls: Christmas Decorating Begins! 3:00 ☀ Bingo & Nibbles w/ Marcus [B] 4:15 ☀ Rummikub w/ Marcus [B] 6:15 🎵 The Villa's Movie Night	28 9:30 ☀ This Day in History w/ Francia [B] 10:30 ➡ Dancercise w/ Francia [L] 11:30 ★ The Villa's Corner Store 1:00 ★ Movie Matinee 1:30 ☀ Deck the Halls: Christmas Decorating Time! 6:15 🎵 The Villa's Movie Night	Happy Birthday Anny L. Happy Birthday Carole D. 29 9:30 ☀ This Day in History w/ Juliana [B] 10:30 🎵 Journey's Live Music: Swaying Saturday with AI 10:30 ➡ Senior Fitness Resistance Bands w/ Francia 11:30 ☀ Rummikub w/ Juliana [B] 1:00 ★ Movie Matinee 1:30 ★ Billiards w/ Juliana [B] 3:00 ☀ Bingo & Nibbles w/ Juliana [B] 4:15 🎵 Karaoke Saturday 6:15 ☀ The Villa's Movie Night

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