

November 2025

Villa Lorena Memory Care November 2025 Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
November cont'd 30 Crazy Hat Day 9:00 ↔ Morning Sunshine Walk [C] 9:30 ↔ Exercise Time 10:00 🎵 Journey's Live Music: Sunday Serenades w/ Sonny Mayer 10:15 🚿 Morning Hydration 11:30 ↔ Autumn Journey Daily Walk 1:30 ⭐ Zen O'Clock Rejuvenation Hour 2:00 ↔ Game Time Win Time 2:30 📷 Picture Taking with Your Own Crazy Hat 3:00 🚿 Hydration Break 3:30 🍷 Finish That Line 4:00 🎵 Music in Motion w/ Beyond the Melodies [L] 6:00 🎵 It's a Concert Date	HELLO NOVEMBER	“There is always, always something to be thankful for.”	“MAY WE THINK OF FREEDOM, NOT AS THE RIGHT TO DO AS WE PLEASE, BUT AS THE OPPORTUNITY TO DO WHAT IS RIGHT.” — PETER MARSHALL	Resident Birthdays Gloria B. 11/1 Teri T. 11/13 Robert W. 11/15 Donna G. 11/21 Debra G. 11/25 Gerald M. 11/25 Anny C. 11/29 Carole D. 11/29 VILLA LORENA	Welcome November! 9:00 ↔ Morning Sunshine Walk [C] 9:30 ↔ Exercise Time 10:15 🚿 Morning Hydration 10:30 🎵 Journey's Live Music: Swaying Saturday with Al 11:30 ↔ Autumn Journey Daily Walk 1:30 ⭐ Zen O'Clock Rejuvenation Hour 2:00 ↔ Artsy Craft: Crayons and Leaves 3:00 🚿 Hydration Break 3:30 🍷 Random Trivia 4:00 🎵 Saturday Karaoke 4:15 🎵 Karaoke Saturday 4:30 ↔ Yoga Class 6:00 🎵 It's a Concert Date	1
Daylight Saving Time Begins Fall Back 2 9:00 ↔ Morning Sunshine Walk [C] 9:30 🎵 Church Gathering and Worship 10:15 🚿 Morning Hydration 10:30 🎵 Church Gathering and Worship 10:30 🎵 Journey's Live Music: Sunday Serenades w/ Sonny Mayer 11:30 ↔ Autumn Journey Daily Walk 1:30 ⭐ Zen O'Clock Rejuvenation Hour 2:00 ↔ Paint and Splash: Autumn Leaves 2:00 🚿 Sweet Creation: Caramel Apple Cookies 3:00 🚿 Hydration Break 3:30 🍷 Finish That Line 4:00 🎵 Sing A Long 4:30 ↔ Dancercise 6:00 🎵 It's a Concert Date	Sandwich Day 3 9:00 ↔ Morning Sunshine Walk [C] 9:30 ↔ Exercise Time 10:15 🚿 Morning Hydration 10:30 🍷 Daily Chronicles 11:00 🍷 Brain Waves: Sandwich Trivia 11:00 ⭐ Journey's Drive Birch Aquarium 11:30 ↔ Autumn Journey Daily Walk 1:30 ⭐ Zen O'Clock Rejuvenation Hour 2:00 ↔ Game Time Win Time 2:45 ⭐ Sweet Creation: Create your Own Sandwich 3:00 🚿 Hydration Break 3:30 🎵 It's Time for Bingo 4:30 ↔ Drum Circle + Sing A Long 6:00 🎵 It's a Movie Date	Election Day 4 9:00 ↔ Morning Sunshine Walk [C] 9:30 ↔ Exercise Time 10:15 🚿 Morning Hydration 10:30 🍷 Daily Chronicles 11:00 🍷 Brain Waves: Words That Start with "N" 11:30 ↔ Autumn Journey Daily Walk 1:30 ⭐ Zen O'Clock Rejuvenation Hour 2:00 ↔ Game Time Win Time 3:00 🚿 Hydration Break/Mocktail Time 4:30 ↔ Yoga Class 6:00 🍷 Travelogue	Full Moon Day 5 9:00 ↔ Morning Sunshine Walk [C] 9:30 ↔ Exercise Time 10:15 🚿 Morning Hydration 10:30 🍷 Daily Chronicles 11:00 🍷 Brain Waves: Words That Start with "MO" 11:00 Fun Facts and Trivia : November 11:30 ↔ Autumn Journey Daily Walk 1:30 ⭐ Zen O'Clock Rejuvenation Hour 2:00 ↔ Game Time Win Time 3:00 🎵 Social Hour w/ DOUBLE TAKE 4:30 ↔ Tai Chi Class 6:00 🎵 It's a Concert Date	International Game Day 6 9:00 ↔ Morning Sunshine Walk [C] 9:30 ↔ Exercise Time 10:15 🚿 Morning Hydration 10:30 🍷 Daily Chronicles 11:00 🍷 Brain Waves: Games You Can Think Of 11:30 ↔ Autumn Journey Daily Walk 1:30 ⭐ Flower Arrangements 1:30 ⭐ Zen O'Clock Rejuvenation Hour 2:00 ↔ Game Time Win Time 3:00 🚿 Hydration Break 3:30 🎵 It's Bingo Time! 4:30 ↔ Yoga Class 6:00 🎵 It's a Movie Date	7-11 Day 7 9:00 ↔ Morning Sunshine Walk [C] 9:30 ↔ Exercise Time 10:15 🚿 Morning Hydration 10:30 🎵 Friday Groovy w/ Peter Seltser 11:30 🍷 Daily Chronicles 1:30 🍷 Virtual Reality Experience w/ Jeremy Lightning Tours 1:30 ⭐ Zen O'Clock Rejuvenation Hour 2:00 ↔ Game Time Win Time 3:00 🚿 Hydration Break 3:30 🍷 Let's Do Math 7 and 11 4:00 ↔ Board Games/Puzzles 4:30 ↔ Drum Circle + Sing A Long 6:00 🍷 Travelogue	HBD Montana! 8 9:00 ↔ Morning Sunshine Walk [C] 9:30 ↔ Exercise Time 10:15 🚿 Morning Hydration 10:30 🎵 Journey's Live Music: Swaying Saturday with Al 11:30 ↔ Autumn Journey Daily Walk 1:30 ⭐ Zen O'Clock Rejuvenation Hour 2:00 ↔ Game Time Win Time 2:30 🍷 Travelogue: Visiting Montana 3:00 🚿 Hydration Break 3:30 🍷 Random Trivia 4:00 🎵 Saturday Karaoke 4:15 🎵 Karaoke Saturday 4:30 ↔ Yoga Class 6:00 🎵 It's a Concert Date
MUM's The Word Day 9 9:00 ↔ Morning Sunshine Walk [C] 9:30 ↔ Exercise Time 10:15 🚿 Morning Hydration 10:30 🎵 Church Gathering and Worship 11:30 ↔ Autumn Journey Daily Walk 1:30 ⭐ Zen O'Clock Rejuvenation Hour 2:00 ↔ Game Time Win Time 3:00 🚿 Hydration Break 3:30 🎵 Paint and Splash: Mums 4:00 🎵 Sing A Long 6:00 🎵 It's a Concert Date	Marine Corps Anniversary 10 9:00 ↔ Morning Sunshine Walk [C] 9:30 ↔ Exercise Time 10:15 🚿 Morning Hydration 10:30 🍷 Daily Chronicles 11:00 🍷 Documentary: The US Marine Corp 11:00 ⭐ Journey's Drive Mount Soledad 11:30 ↔ Autumn Journey Daily Walk 1:30 ⭐ Zen O'Clock Rejuvenation Hour 2:00 ↔ Game Time Win Time 3:00 🚿 Hydration Break 3:30 🎵 It's Time for Bingo 4:30 ↔ Drum Circle + Sing A Long 6:00 🎵 It's a Movie Date	Veterans Day 11 9:00 ↔ Morning Sunshine Walk [C] 9:30 ↔ Exercise Time 10:15 🚿 Morning Hydration 10:30 🍷 Daily Chronicles 11:00 🍷 11-11-at the 11th Hour We Honor all our Veterans 11:30 ↔ Autumn Journey Daily Walk 1:30 ⭐ Zen O'Clock Rejuvenation Hour w/ Aligned Hospice 2:30 ⭐ Color Splash Hour Veterans 3:00 🚿 Hydration Break 3:00 🍷 Travelogue w/ Hernan [B] 3:30 ↔ Game Time Win Time 4:30 🎵 Veteran's Day Celebration w/ Sweethearts of Swing [L] 6:00 🍷 Travelogue	Mocktail Day 12 9:00 ↔ Morning Sunshine Walk [C] 9:30 ↔ Exercise Time 10:00 🎵 Catholic Mass w/ Father Gus 10:30 🚿 Morning Hydration 10:45 🍷 Daily Chronicles 11:30 ↔ Autumn Journey Daily Walk 1:30 ⭐ Zen O'Clock Rejuvenation Hour 2:00 ↔ Game Time Win Time 2:30 🚿 Mocktail 101 3:00 🎵 Social Hour w/ Bill Fleming 4:30 ↔ Tai Chi Class 6:00 🎵 It's a Concert Date	Harvest Celebration Day 13 9:00 ↔ Morning Sunshine Walk [C] 9:30 ↔ Exercise Time 10:15 🚿 Morning Hydration 10:30 🍷 Daily Chronicles 11:00 🍷 Brain Waves: Alphabet of Foods You Harvest 11:30 ↔ Autumn Journey Daily Walk 1:30 ⭐ Veterans Pinning Ceremony w/ Mission Healthcare [L] 2:30 ⭐ Flower Arrangements 3:00 🚿 Hydration Break 3:00 🍷 Resident Council Meeting 3:30 🎵 It's Bingo Time! 4:30 ↔ Yoga Class 6:00 🎵 It's a Movie Date	American Teddy Bear Day 14 9:00 ↔ Morning Sunshine Walk [C] 9:30 ↔ Exercise Time 10:15 🚿 Morning Hydration 10:30 🍷 Daily Chronicles 11:00 🍷 The Makings of A Teddy Bear 11:30 ↔ Autumn Journey Daily Walk 1:30 ⭐ Zen O'Clock Rejuvenation Hour 2:00 ↔ Game Time Win Time 3:00 🚿 Hydration Break 3:30 🎵 Aqua Painting 4:30 ↔ Drum Circle + Sing A Long 6:00 🍷 Travelogue	Sing A Song Saturday 15 9:00 ↔ Morning Sunshine Walk [C] 9:30 ↔ Exercise Time 10:15 🚿 Morning Hydration 10:30 🎵 Journey's Live Music: Swaying Saturday with Al 11:30 ↔ Autumn Journey Daily Walk 1:30 ⭐ Zen O'Clock Rejuvenation Hour 2:00 ↔ Game Time Win Time 3:00 🚿 Hydration Break 3:30 🍷 Random Trivia 4:15 🎵 Karaoke Saturday 6:00 🎵 It's a Concert Date
Nut About Nuts Day 16 9:00 ↔ Morning Sunshine Walk [C] 9:30 ↔ Exercise Time 10:00 🎵 Journey's Live Music: Sunday Serenades w/ Sonny Mayer 10:15 🚿 Morning Hydration 11:30 ↔ Autumn Journey Daily Walk 1:30 ⭐ Zen O'Clock Rejuvenation Hour 2:00 ↔ Game Time Win Time 2:00 🚿 Sweet Creation: A-mazing Brownies with Nuts 3:00 🚿 Hydration Break 3:30 🍷 Finish That Line 4:00 🎵 Sing A Long 6:00 🎵 It's a Concert Date	Homemade Bread Day 17 9:00 ↔ Morning Sunshine Walk [C] 9:30 ↔ Exercise Time 10:15 🚿 Morning Hydration 10:30 🍷 Daily Chronicles 11:00 ⭐ Journey's Drive Miramar Overlook Park 11:30 ↔ Autumn Journey Daily Walk 1:30 ⭐ Zen O'Clock Rejuvenation Hour 2:00 ↔ Game Time Win Time 2:30 ⭐ Sweet Creation: Homemade Bread 3:00 🚿 Hydration Break 3:30 🎵 It's Time for Bingo 4:30 ↔ Drum Circle + Sing A Long 6:00 🎵 It's a Movie Date	HBD Mickey Mouse 18 9:00 ↔ Morning Sunshine Walk [C] 9:30 ↔ Exercise Time 10:15 🚿 Morning Hydration 10:30 ⭐ Pet Therapy: Helen Woodward Visit 11:00 🍷 Daily Chronicles 11:30 ↔ Autumn Journey Daily Walk 1:30 ⭐ Zen O'Clock Rejuvenation Hour 1:45 🍷 All Staff Mandatory Meeting 2:00 ↔ Game Time Win Time 2:30 🍷 Fun Facts and Trivia about Mickey Mouse and our Disney Friends 3:00 🚿 Hydration Break 4:30 🚿 Sip, Smile, Repeat Autumn Edition with Francia 4:30 ↔ Yoga Class 6:00 🍷 Travelogue	Where Was It Made Day 19 9:00 ↔ Morning Sunshine Walk [C] 9:30 ↔ Exercise Time 10:15 🚿 Morning Hydration 10:30 🍷 Daily Chronicles 11:00 🍷 Brain Waves: Words That Start with "M" 11:30 ↔ Autumn Journey Daily Walk 1:30 ⭐ Zen O'Clock Rejuvenation Hour 2:00 ↔ Game Time Win Time 2:30 ↔ Balloon Toss 3:15 🎵 Social Hour w/ Sonny Mayer 4:30 ↔ Tai Chi Class 6:00 🎵 It's a Concert Date	Let's Talk Turkey Tuesday 20 9:00 ↔ Morning Sunshine Walk [C] 9:30 ↔ Exercise Time 10:15 🚿 Morning Hydration 10:30 🍷 Daily Chronicles 11:00 🍷 Fun Facts and Trivia about Turkeys 11:30 ↔ Autumn Journey Daily Walk 1:30 ⭐ Gary, The History Guy & His Artifacts [B] 1:30 ⭐ Zen O'Clock Rejuvenation Hour 2:30 ⭐ Flower Arrangements 3:00 🚿 Hydration Break 3:30 🎵 It's Bingo Time! 4:30 ↔ Yoga Class 6:00 🎵 It's a Movie Date	Happy Birthday Donna G. 21 World Television Day 9:00 ↔ Morning Sunshine Walk [C] 9:30 ↔ Exercise Time 10:15 🚿 Morning Hydration 10:30 🍷 Daily Chronicles 11:00 🍷 Brain Waves: My Favorite TV Shows: A Master List 11:30 ↔ Autumn Journey Daily Walk 1:30 ⭐ Zen O'Clock Rejuvenation Hour 2:00 ↔ Game Time Win Time 2:30 ⭐ Color Splash Hour Thanksgiving Turkey 3:00 🚿 Hydration Break 3:30 🎵 Aromatherapy Hand Massage 4:15 🍷 Sip, Smile, Repeat Autumn Edition with Francia 4:30 ↔ Drum Circle + Sing A Long 6:00 🍷 Travelogue	Autumn Leaves Day 22 9:00 ↔ Morning Sunshine Walk [C] 9:30 ↔ Exercise Time 10:15 🚿 Morning Hydration 10:30 🎵 Journey's Live Music: Swaying Saturday with Al 11:30 ↔ Autumn Journey Daily Walk 1:30 🍷 Francia Talks Philippine Trip [B] 1:30 ⭐ Zen O'Clock Rejuvenation Hour 2:00 ↔ Game Time Win Time 2:30 ↔ Color Splash Hour Fall Edition 3:00 🚿 Hydration Break 3:30 🍷 Random Trivia 4:00 🎵 Hearts in Harmony Recital [L] 6:00 🎵 It's a Concert Date
Stir Up Sunday 23 9:00 ↔ Morning Sunshine Walk [C] 9:30 ↔ Exercise Time 10:15 🚿 Morning Hydration 10:30 🎵 Non Denominational Church Service 11:30 ↔ Autumn Journey Daily Walk 1:30 ⭐ Zen O'Clock Rejuvenation Hour 2:00 ↔ Game Time Win Time 2:30 ↔ DIY: Thanksgiving Cards Series 1 3:00 🚿 Hydration Break 3:30 🍷 Finish That Line 4:00 🎵 Sing A Long 6:00 🎵 It's a Concert Date	Meal Time Monday 24 9:00 ↔ Morning Sunshine Walk [C] 9:30 ↔ Exercise Time 10:15 🚿 Morning Hydration 10:30 🍷 Daily Chronicles 11:30 ↔ Autumn Journey Daily Walk 1:30 ⭐ Zen O'Clock Rejuvenation Hour 2:00 ↔ Game Time Win Time 2:30 ↔ DIY: Thanksgiving Cards Series 2 3:00 🚿 Hydration Break 3:30 🎵 It's Time for Bingo 4:30 ↔ Drum Circle + Sing A Long 6:00 🎵 It's a Movie Date	Autumn Parfait Day 25 Happy Birthday Debra G. 9:00 ↔ Morning Sunshine Walk [C] 9:30 ↔ Exercise Time 10:15 🚿 Morning Hydration 10:30 🍷 Daily Chronicles 11:30 ↔ Autumn Journey Daily Walk 1:30 ⭐ Zen O'Clock Rejuvenation Hour 2:00 ↔ Game Time Win Time 2:30 🚿 Sweet Creation: My Own Special Parfait Creation [1st FL south wing] 3:00 🚿 Hydration Break 3:30 🎵 Musical Bingo 4:30 ↔ Yoga Class 6:00 🍷 Travelogue	Pumpkin Pie Day 26 9:00 ↔ Morning Sunshine Walk [C] 9:30 ↔ Exercise Time 10:15 🚿 Morning Hydration 10:30 🍷 Daily Chronicles 11:00 🍷 Brain Waves: Fun Facts and Trivia About Pumpkin 11:30 🎵 Thanksgiving Brunch Celebration 1:30 ⭐ Zen O'Clock Rejuvenation Hour 2:00 ↔ Game Time Win Time 2:30 ↔ Color Splash Hour Thanksgiving Edition 3:30 🚿 Hydration Break 4:00 ↔ Tai Chi Class 6:00 🎵 It's a Concert Date	Thanksgiving 27 2025 Macy's Thanksgiving Day Parade [B] 8:30 🎵 Journey's Live Music: Swaying Saturday with Al 9:00 ↔ Morning Sunshine Walk [C] 9:30 ↔ Exercise Time 10:15 🚿 Morning Hydration 10:30 🍷 Daily Chronicles 11:00 🍷 Brain Waves: Fun Facts and Trivia about Thanksgiving Day 11:30 ↔ Autumn Journey Daily Walk 1:30 ⭐ Zen O'Clock Rejuvenation Hour 2:00 ↔ Game Time Win Time 3:00 🚿 Hydration Break 3:30 🎵 Thanksgiving Bingo 4:30 ↔ Yoga Class 6:00 🎵 It's a Movie Date	Sinkie Day (Day After Thanksgiving) 28 9:00 ↔ Morning Sunshine Walk [C] 9:30 ↔ Exercise Time 10:15 🚿 Morning Hydration 10:30 🍷 Daily Chronicles 11:00 🍷 Brain Waves: Category Game: SINKIE 11:30 ↔ Autumn Journey Daily Walk 1:30 ⭐ Zen O'Clock Rejuvenation Hour 2:00 ↔ Game Time Win Time 3:00 🚿 Hydration Break 3:30 🎵 Aqua Painting 4:30 ↔ Drum Circle + Sing A Long 6:00 🍷 Travelogue	Happy Birthday Anny L. 29 Happy Birthday Carole D. Let's Do-Si-Do Day 9:00 ↔ Morning Sunshine Walk [C] 9:30 ↔ Exercise Time 10:15 🚿 Morning Hydration 10:30 🎵 Journey's Live Music: Swaying Saturday with Al 11:30 ↔ Autumn Journey Daily Walk 1:30 ⭐ Zen O'Clock Rejuvenation Hour 2:00 ↔ Game Time Win Time 2:30 ↔ Dancing the Do-Si-Do 3:00 🚿 Hydration Break 3:30 🍷 Random Trivia 4:15 🎵 Karaoke Saturday 6:00 🎵 It's a Concert Date

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