



VILLA LORENA

*Senior Living*

## Starters

### Flat Bread Pizza

Pepperoni or Vegetable Flat Bread Pizza

### Grilled Chicken Quesadilla

Grilled To Order. served with Guacamole and Pico deGallo

### Artichoke Dip

Served with toasted Baguette Medallions

## Salads

### Grilled Chicken Spinach Salad (Healthy Choice)

Grilled Chicken on a bed of Baby Spinach topped with Sliced Apples, Cranberries, Carrots and Feta Cheese. Served with White Balsamic Vinaigrette

### Classic Caesar Salad

Chopped Romaine Lettuce, Shaved Aged Parmesan Cheese, Croutons tossed with Caesar dressing

### Fresh Berry Salad (Healthy choice)

Sliced Carrots, Blueberries, Strawberries, Cucumber and Red Cabbage on a bed of Romaine Lettuce. Served with Choice of Dressing

### Chef Salad (Healthy choice)

Julienne Turkey and Ham, Shredded Cheese, Hard boiled Eggs, Tomato, Sliced Olives and Chopped Bacon on top of Chopped Romaine Lettuce

**Dressings:** Ranch, Italian, Blue Cheese, Balsamic, Caesar, French, Asian, Honey Mustard and **Fat Free Raspberry Vinaigrette**

## Sandwiches

Served with your choice of French Fries, Sweet Potato Fries, Potato Chips, Onion Rings, Cottage Cheese or Fresh Fruit

### California Turkey

Roasted Turkey Breast, Sliced Avocado, Applewood Smoked Bacon, Provolone Cheese leaf Lettuce, Sliced Vine Ripened Tomato on Toasted Sourdough Bread

### Grilled Ham & Cheese

Grilled Ham, Cheddar and Provolone Cheese on Texas Toast

### Tuna Melt (Healthy Choice)

Freshly Made Tuna Salad topped with Swiss Cheese on Grilled Rye Bread

### Egg Salad Sandwich

Fresh Made Egg Salad on Your Choice of Bread

## Lighter Choices

### Soup & Sandwich

Hot Cup of Soup Du Jour and choice of Ham, Turkey or Tuna with Sliced Cheddar or Provolone served toasted or untoasted

### Grilled Vegetable Plate (Healthy choice)

Grilled vegetables tossed in a Garlic and olive oil Marinade. Served with White Balsamic and Feta Cheese

### Chicken Bowl

Grilled Chicken, Diced Tomatoes, Sliced Avocado, Red Onion and Chopped Bacon on a bed of spinach topped with a Avocado and Sour Cream Dressing

### Seasonal Fresh Fruit Bowl (Healthy choice)